



east bay agency for children

# HIGHLIGHTS 2019



## 2018-2019 Fiscal and School Year Accomplishments

### Trauma Transformed

With support from East Bay Agency for Children's (EBAC) staff in our Trauma Transformed initiative, a group of residents in San Francisco public housing are growing into leadership roles in their communities to facilitate community members' understanding of intergenerational trauma and resilience, how these factors show up in their lives and their communities, and collective care practices that support healing. Trauma Transformed also consulted with public systems of care in Seattle, New York City, and Riverside and San Bernardino Counties to adapt and implement our Trauma Transformed model for systems change in their regions. [www.TraumaTransformed.org](http://www.TraumaTransformed.org)

### Family Resource Centers

EBAC's 5 Family Resource Centers in Fremont, Hayward, San Leandro and Oakland assisted more than 11,000 people. Some came once with basic questions or needs and others received many months of intensive services to help stabilize their families. EBAC staff processed 4,344 applications for health insurance/Medi-Cal, CalFresh, and CalWORKs for families needing guidance and support.



### Therapeutic Nursery School

EBAC's Therapeutic Nursery School welcomed 29 students throughout the year providing specialized services to address social, emotional and learning challenges often resulting from early childhood trauma.

### Universal Intake

EBAC began implementation of our new Universal Intake form and process. Staff across all our programs work with families new to EBAC to complete a comprehensive questionnaire to help identify all needs a family may have and ensure they are linked to appropriate EBAC services and those of our community partners.

### New EBAC HUB

After two years of searching, EBAC finally found and purchased a facility to become our new HUB including a Training and Community Center. We purchased the Straus Carpets complex in Oakland's Jingtletown where we will be relocating staff from three separate sites. Program and administrative staff at all levels will come together - finally in one location - to share ideas, collaborate and innovate.

### School Based Counseling

Throughout Alameda County, 987 students, ages 5 to 19, from 42 schools received therapy from an EBAC mental health clinician including services now offered to high needs children through the summer months. Pre and post treatment assessments showed as a result of services, students experience a significant decrease in feelings of depression and an increased ability to effectively cope with trauma they may have experienced early in life.

### Intensive Counseling

EBAC completed our first year providing therapy and in classroom behavioral support to youth in special education at three high schools in Alameda. EBAC staff and the classroom teachers partnered with these teens and the students we served in 3 additional Oakland elementary schools to develop their self-regulation skills to ultimately be successful in a mainstream classroom. This past year, 62% of our students moved into a mainstream classroom.

*East Bay Agency for Children improves the well-being of children, youth and families  
by reducing the impact of trauma and social inequities*

[www.EBAC.org](http://www.EBAC.org)



## Afterschool & Emerging Leaders of Color

EBAC's 4 afterschool programs in Oakland offered 491 children opportunities for academic and enrichment activities in a safe and supportive environment. EBAC staff built the social and emotional skills of our youth by using a trauma informed approach. In addition, 3 afterschool staff were among the 15 EBAC employees who participated in our unique Emerging Leaders of Color program. Designed to uncover, deepen, and build on one's natural strengths as a leader, this leadership program assists persons of color to recognize and apply their leadership capabilities in their work and all areas of their lives.

EBAC invested \$14.5 million in our community's children and families, an increase from \$10.5 million just 4 years ago.

## Grief Support

EBAC expanded our Circle of Care grief services by adding peer support groups in Hayward. Circle of Care also concluded a successful pilot of evidence-based educational workshops for parents of grieving children. These workshops augment our existing peer support services by teaching parents and guardians grief navigation strategies and skills to strengthen resilience and support healthy family functioning through times of bereavement.

## Frick Health and Wellness Center

In addition to providing physical, dental and behavioral health services to students and families in the community, EBAC's Health and Wellness Center on the campus of Frick Impact Academy in East Oakland offered unique and impactful trauma informed support for the school staff. Our on-site Wellness Coach infused mindfulness activities into the school culture and individually supported staff in managing burn-out and their own trauma histories.

## Training

EBAC's role as a training entity continued to grow. EBAC provided 149 trainings attended by 2,074 people on topics ranging from Overview of Child Parent Psychotherapy Strategies for Family Engagement to Crisis Risk Assessment & Suicide Prevention. Our trainings deepen our commitment to furthering trauma informed care and culturally responsive services. For example, EBAC hosted a training that provided managers across the county with a trauma informed supervision approach that builds a trusting relationship between manager and employee and centers the families and community served in all conversations.

## Early Childhood & Parent Education

EBAC conducted 56 early childhood education workshops for families through our Family Resource Center at Achieve Academy in Oakland's Fruitvale District. These workshops help prepare children and families with limited access to preschools to successfully enter kindergarten.



## Youth Empowerment Services

EBAC completed our first year of a new prevention service designed to intercede in the lives of children and teens at risk of entering the Juvenile Justice system. Our therapists and case managers worked with 98 youth and their families to increase school attendance and academic achievement and scaffold their individual support systems.



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East Bay Agency for Children thanks our many funders, donors, volunteers, and other community partners for their collaboration in furthering our mission.